



# Nordic WLS Championships

Stockholm, Sweden 2019  
Event schedule & Info

## Instructors & Staff



**Benji Schwimmer**

**John Kirkconnell**  
**Alyssa Glanville**

**Markus Smith**  
**Trendlyon Veal**

**Semion Ovsianikov**  
**Maria Elizarova**

**Chief Judge** - John Kirkconnell  
**Scoring official** - Piotr Wisniewski  
**Head DJ** - Steve Hunt  
**MC** - Wayne Powell

**Photographer** - José Illanes

**Organizers:**  
SwingAkademien & Stockholm Sång och Dans

*Swing  
Akademien*

**SÅNG  
OCH  
DANS**  
STOCKHOLM SÅNG OCH DANS

# Welcome to Stockholm, Sweden and the Nordic WCS Championships 2019!

We are honoured that you've chosen to join us yet another year! As always expect 4 days jam-packed with dancing, competitions, workshops, and much much more...

Regardless of what country, age, gender, sexual orientation, culture or religion you feel represented by, we hope you will enjoy your stay here with us and that we can immerse ourselves into our mutual passion for West Coast Swing. We don't see ourselves as a competition oriented event. Our main goal has always been to create a warm and welcoming atmosphere of pure social dancing joy. So let's help each other out by not taking the comps too seriously, enjoy the music and get lost in the moment with every partner we get, dance until dawn, hang out, laugh, learn, but most importantly, have lots and lots of fun!

Ibirocay, Maria, Jose, Marina, the 2019 volunteer crew and all of our instructors wish you a great time on and off the dancefloor! Aaaaand... cue music!

## THURSDAY

Time	
19.00 - 22.00	Event desk is open - Pre-party tickets for sale *
21.00 - 03.00	Thursday night Pre-party @ Scandic Infra City

\* Pre-party is included in the full pass! If you don't have one, price at the door is 150 SEK

## FRIDAY

Time	
10.00	Event Desk opens
11.00 - 13.00	Schwingtensive Part I
13.00 - 14.00	Lunch break
14.00 - 17.00	Schwingtensive Part II
14.00 - 19.30	Event desk is open - Comp reg. starts at 16.00
	<b>Workshops</b>
Time	Ballroom
17.30 - 18.30	John & Alyssa
18.30 - 19.30	Karin Kakun - Hip Hop
19.30 - 20.00	Break - <b>Restaurant Upper West serves dinner 18.00 - 20.30</b>
	<b>Strictly Competitions - Main Ballroom</b>
20.00	Strictly Novice/Intermediate Prelims
20.45	Strictly Advanced/All-Star Prelims
21.30	Strictly Novice/Intermediate Finals - All skate
21.45	Strictly Advanced/All-Star Finals - All skate, jam, all skate
22.00	Friday Night party!
23.00	SHOWTIME!
23.15 - 23.59	Last minute comp registration! (late flight arrivals only)

## SATURDAY

Time			
10.00 - 15.00	Event desk is open		
	<b>Comps in the main Ballroom - Workshops in the Conference Area</b>		
Time	Ballroom	Alpha	Charlie
10.30 - 11.30	Semion & Maria	Markus & Tren	Benji Schwimmer
12.00 - 13.00	Novice JnJ Prelims	Benji Schwimmer	Semion & Maria
13.00 - 13.30	Newcomer JnJ Prelims	<b>Lunch at Upper West 12.00-15.00</b>	
13.30 - 14.00	Novice JnJ Semis		
14.00 - 15.00	Intermediate JnJ Prelims	Semion & Maria	Markus & Tren
15.00 - 15.30	Intermediate JnJ Semis	Bonus workshop with the Halls!	
15.30 - 16.00	Advanced JnJ Prelims		
16.15 - 16.30	All Star JnJ Prelims		
	<b>All JnJ Finals in the main Ballroom</b>		
17.00	WSDC Newcomer JnJ Finals - All skate		
17.15	WSDC Novice JnJ Finals - All skate		
17.30	WSDC Intermediate JnJ Finals - All skate		
17.45	WSDC Advanced JnJ Finals - All skate, jam, all skate		
18.15	WSDC All Star JnJ Finals - Spotlight, all skate		
19.00	<b>Break - Restaurant Upper West serves dinner 19.00 - 21.30</b>		
21.00	<b>Saturday Night party</b>		
23.00	<b>SHOWTIME!</b>		

## SUNDAY

	<b>Workshops</b>		
Time	Ballroom	Alpha	Charlie
11.00 - 12.00	Markus & Tren	John & Alyssa	Semion & Maria
12.10 - 13.10	John & Alyssa	Markus & Tren	Benji Schwimmer
13.10 - 14.10	<b>Break - Restaurant Upper West serves lunch 12.00 - 14.00</b>		
14.10 - 15.10	Benji Schwimmer	Semion & Maria	John & Alyssa
15.20 - 16.20	Benji Schwimmer	Markus & Tren	John & Alyssa
	<b>SUNDAY FUNDAY</b>		
16.40	Awards + Fun Competition		
17.30 - 20.00	Pool Party & Social Dancing (No DJ - Playlist!)		
18.00 - 20.00	<b>Restaurant Upper West serves dinner 18.00 - 20.30</b>		
21.00	<b>Sunday Night party! *</b>		

\* Sunday night party is included in the full pass! If you don't have one, price at the door is 150 SEK

# WORKSHOP LEVELS

## **Team Grapes** Open Level

These workshops are open for everyone! And we have 2 of them this year. One hip-hop class on Friday with Karin Kakun from Israel and then an all level workshop on Saturday with Steve and Kate Hall from the UK!

## **Team Water** Through the basics and beyond

You are fairly new to WCS and perhaps taken an intro course at a local dance studio or similar. Still, the International traveling is somewhat out of your comfort zone. But you try to attend socials, maybe some weekly classes and events in your hometown. You are working on your basics and also want to learn more material to better understand the fundamentals of WCS. **Recommended level - Newcomer & Novice**

## **Team Beer** Practice makes perfect

You are very familiar with your basics, travel occasionally to international events, social dance on a very regular basis and have already endured your first or at least you are considering competing. You now feel confident dancing without having to be counting your steps or patterns. You want to learn new moves, more technique and variations of the basics to have more fun on the dance floor. **Recommended level - Novice**

## **Team Wine** Body moving and grooving

You have been competing for some time, travel to international events on a regular basis and to also social dance every opportunity you get. Your body awareness is now at a higher level where you can start to distinguish when technique is lacking. You want to incorporate more isolations, foot work and enhance your individual skills inside of the partnering. **Recommended level - Novice & Intermediate**

## **Team Liquor** The music made me do it

You want to improve your musicality and learn how to dance more inside the music. You also want to understand more complex figures and how to integrate them into your dance. These workshops are for Intermediate competitors only with exception to non competing social dancers who attend high levelled workshops at events such as Sea Sun & Swing, BudaFest etc. **Minimum JnJ level required - Intermediate**

## **Team Rehab** Don't try this at home

This is a fast paced workshop level for those competing in the Advanced and All-Star division. You can ask for approval/auditioning if you are not a competitor or have more than 20 intermediate points. But please be advised that the instructors will be tough on their monitoring and obviously also recommend a lower level if they feel it's necessary for the dancer. **Minimum JnJ level required - Advanced & All-Star**

## WORKSHOP GUIDELINES AND ETIQUETTE

Although some workshops are open to everyone and you could technically attempt to attend one level up or down, We want EVERYONE to enjoy and get the most out of the workshops this weekend. This means being realistic and ONLY attending workshops that are appropriate to your current level of WCS dance experience. Please respect and be fair to your fellow dancers. If you are struggling at a workshop, you are most likely NOT at the right level. No audition will be offered, but your instructors will be monitoring while teaching to ensure everyone are in the appropriate level of their current dance abilities. To get an idea of what workshops you can attend, read the definitions above thoroughly. Thank you for understanding!

In addition to this we would also like to ask you to be considerate to everyone trying their very best during classes. Avoid giving critique to your fellow students unless asked, and leave the feedback to the teachers. You never know how the other person is going to react. This way we avoid the risk of creating negative vibes and we can all just focus on enjoying the learning experience. We would like you to also maintain this attitude on the dance floor, since correcting people while dancing is not adequate behaviour in a friendly social environment and looks really bad from any observer's perspective, regardless of your well intentions.

# GENERAL INFO

## Competitor Numbers (BIB)

Must be pinned at all four corners and worn, on your back, hips or bottom. Do NOT wear on your arms or legs. For strictly competitions, only the leader needs to wear the number. In the preliminary rounds of Jack & Jill Divisions both leaders and followers wear their own distinctive numbers. Only the leader wears a number once you subsequently become a dance couple.

## Before each competition

All competitors are recommended be in the Ballroom at least 15 minutes before their division is scheduled to start. The schedule is very tight, so don't be late! If you are not present for the lineup, you will not be allowed to compete! For all WSDC Jack & Jill prelims, please be waiting in the competitor's area behind the elevators right outside the Ballroom. Please pay attention to staff instructions. They will line you up in order to be called for the competition.

## During competition

Check your position while standing in line (try to remember who is next to you). Please stay focused on the comp information given by our MC for any changes that may occur during the competitions. When you are called out for your division, walk quickly onto the dance floor and wait for the MC's instructions.

## Results

After the preliminary rounds, the list of semifinalists and finalists for each division will be posted in the line-up area. It is each and every competitor's responsibility to check if you made semi-finals and/or finals of any of your divisions. If you are called out and you are not in place, your spot will be given to the first alternate ready to go. Placements and winners will be announced at the Awards Ceremony on Sunday. After the event all competition results, with respective WSDC points will be published on our website: [www.nordicwscchamps.com](http://www.nordicwscchamps.com)

## Wristbands

Make sure you wear your event wristband at all times. You need it to enter all of the weekend activities. On occasion, while on the floor, staff might ask you to show it. Please be kind to them and display your wristband clearly at that time as well as when you enter the room. If you lose it you are liable to pay a fee for a replacement.

## Take care of the dance floor!

Please help us take care of the beautiful floors in the ballroom. Avoid drinks, liquids, food, chairs, tables, etc. Try to stick with standard recognised dance shoes rules. Suede or leather sole, Toms, indoor shoes, etc.

## Photography and filming

Our official event photographer is present throughout the event, but you are allowed to click away as you please. Feel free to share your photographs with us. You can also tag them and post them on the event page on Facebook and yes, you are allowed to film the contests. We encourage you to film all competitions and share it online. You can also post links on our FB page. Remember that if you are part of the event, you might get tagged. If a photo of you coming from our sources appears on social media and you do not approve of it, notify us and we will take it down asap.

## Workshop Notebook

At the end of each workshop your instructors are invited to give a demonstration of what has been taught for you to film. We ask of you to please respect the content, don't share it on the internet and film only at the end of every workshop, not during. Note that you are only allowed to film the workshops you have personally attended!

## Disclaimer

West Coast Swing is a physical activity and dancers participate during all times at their own risk, fully accepting and understanding that the organisers and any service providers to them cannot be held liable under any circumstances. Please be careful with your bags and personal property at all times. Do not carry valuables or important possessions. The organisers and Scandic staff hold no responsibility for your bags or personal property.

## Water, food & drinks

Water is available outside the ballroom. If the dispensers run out, Swedish tap water is known for its good taste and high standard quality. If you haven't booked a meal pack, there are restaurants and a supermarket nearby. Also, feel free to support the hotel bar so that the Scandic staff are pleased with our presence and want us back!

# CODE OF CONDUCT

In times like these, even though some of the information in this section should go without saying, to help secure the surroundings that we feel responsible for as event organizers, we would like you to take this moment and read these simple guidelines so that everyone can feel safe and well taken care of during the weekend of fun we are here to share with each other...

## **Being a good event attendee**

Be respectful to your fellow attendees. Many attendees will be happy to meet you and dance with you. Some will not. We all need to be cool with that. It is okay for any person to decline a dance (or multiple ones) with any person; they don't have to give you a reason and neither do you. Dancing with someone is not a right. If someone says "no" to a dance, please accept that response graciously. If the person tells you "no" repeatedly, please stop asking them to dance and as prior mentioned in the workshop & dance etiquette section, don't offer unsolicited advice to fellow dancers in class or on the social dance floor.

Try to use your full range of senses on the dance floor to avoid accidental collisions and injuries. It is every dancer's responsibility to be aware of their own and their partner's movement and position, as well as the movement and position of the dancers surrounding them to avoid all forms of dangerous contact. If you do collide with someone on the dance floor, offer an apology, even if you are not at fault.

Be respectful to event staff, even if you are experiencing a personal frustration. Without the goodwill of these individuals, a smoothly functioning event is impossible.

Please be aware that another person's boundaries may be different than your own. If you by any chance accidentally touch someone in an inappropriate way, even if you weren't aware the touch was deemed inappropriate, please apologize. If someone mentions that a particular way of moving is painful or maybe uncomfortable to them in any way, just say you are sorry and refrain from using that movement with said person in the future, even if you might not understand the reasons behind it.

NO forms of harassment will be tolerated. Harassment includes offensive verbal comments (related to gender, age, sexual orientation, disability, physical appearance, body size, race, OR religion), sexual images in public spaces, deliberate intimidation, stalking, following, harassing photography or recording, sustained disruption of workshops or other events, inappropriate physical contact, and unwelcome sexual attention.

Participants asked to stop any harassing behavior are expected to comply immediately!

If such behavior would still take place, as event organizers we reserve the right take any action we deem appropriate, including warning the offender, resulting in potential expulsion from the event without refund, and/or expulsion from all future events. If you are being harassed, notice that someone else is being harassed, or have any other concerns, please contact a member of event staff immediately. We will be happy to help participants contact the event directors, local law enforcement or otherwise assist those experiencing harassment to feel safe for the duration of the event.

Finally, be aware of your own boundaries and physical needs. Do not neglect your health, remember to sleep properly, wash your hands frequently, and remember to take your medications if applicable.

We expect all participants to understand and follow these rules for the duration of the entire event! We understand that these may be sensitive issues to bring to light but they are important to us, because we really do want everyone to feel welcome, without the pressure of things occurring during the event that could ruin, not only the experience of the weekend, but also leave scars for the future, even if it's "just" a bad taste or overall unpleasant memories from our beloved dance and thus the community as a whole.

## PARTY THEMES



### FRIDAY

#### CASUAL DENIM THEME

We are not necessarily looking for a whole cowboy ensemble. here. Feel free to also use items towards the lines of G-star, Levis, Diesel, Jack n Jones, Guess, etc.



### SATURDAY

#### RECYCLE OUTFIT THEME

Pick an already used theme outfit from previous events. Nordic or others! Help save the planet by not spending money on another garment that will only be used once.



### SUNDAY

#### MORNING AFTER THEME

Slacks, trainers, pyjamas, yoga pants, flip flops, toms, you name it. Hell, if you want to show up in a bathrobe, we won't judge. Cozy, comfy and above everything lazy!

#### Don't take it too literally

Before you plan your packing we want to underline that themes are by no means mandatory and highly interpretational. Of course it would be super cool to give our official photographer some nice snapshots to post on the FB page, but we don't want anyone to feel forced into wearing something they wouldn't be comfortable in. So feel free to keep it simple or go all in!

#### Final words

The NWCSC organizers would like to take this opportunity to reiterate that we literally couldn't run this event without your help! We deeply appreciate all the support! So to our instructors, volunteer staff, Scandic Infra City, sponsors and last but not least YOU, **Thank you so much!** And mark your calendars... **NORDIC WCS CHAMPIONSHIPS April 30th- May 3rd 2020**