### Welcome to Stockholm, Sweden and the Nordic WCS Championships 2023!

We are honoured that you've chosen to join us yet another year! As always expect 3 days jam-packed with dancing, competitions, workshops, and much much more...

Regardless of what country, age, gender, sexual orientation, culture or religion you feel represented by, we hope you will enjoy your stay here with us and that we can immerse ourselves into our mutual passion for West Coast Swing. We don't see ourselves as a competition oriented event. Our main goal has always been to create a warm and welcoming atmosphere of pure social dancing joy. So let's help each other out by not taking comps too seriously, enjoy the music and get lost in the moment with every partner we get, dance until dawn, hang out, laugh, learn, but most importantly, have lots and lots of fun!

The Event Directors Ibirocay, Jose & Marina, the 2023 volunteer crew not to mention all of our amazing instructors wish you a great time on and off the dancefloor! Aaaand... cue music!

Emcee - Wayne Powell
Head DJ - Kevin Town
Social DJ - Lauri Laitinen
Chief Judge - Irina Puzanova
Scoring official - Andreas Kasper

# SCHEDULE OVERVIEW NWCSC 2023 FRIDAY

Time			
14.00 - 19.30	Event desk is open 14.00 - 19.30 - Comp reg. starts at 14.30		
	Workshops		
Time	Ballroom		
17.00 - 18.00	Philippe & Flore		
18.00	Comp reg. closes! - Dinner open between 18.00 - 20.00		
18.10 - 19.10	Rolf & Karin		
	Strictly Competitions - Main Ballroom		
19.30	Strictly Novice Prelims		
19.50	Strictly Intermediate Prelims		
20.10	Strictly Open Prelims		
20.30	Strictly Novice Semis		
20.45	Strictly Intermediate Semis		
21.00	Strictly Novice Finals		
21.15	Strictly Intermediate Finals		
21.30	Strictly Open Finals		
22.00	Friday Night party		
23.45	SHOWTIME - Teachers demo!		
00.00	DANCE 'TIL DAWN		

## SATURDAY

Time				
09.30 - 15.00	Comp reg. open 09.30 - 10.30. Event desk is open until 15.00			
	Comps in the main Ballroom - Workshops in the Conference Area			
Time	Ballroom	Alpha	Charlie	
10.30 - 11.30	Benji Schwimmer	Philippe & Flore	Maxence & Virginie	
12.00 - 13.00	Novice JnJ Prelims	Philippe & Flore	Rolf & Karin	
13.00 - 13.15	Newcomer JnJ Prelims	Lunch time between 12.00-15.00		
13.15 - 13.45	Novice JnJ Semis			
13.45 - 14.45	Intermediate JnJ Prelims	Maxence & Virginie	Thibault & Nicole	
14.45 - 15.00	Intermediate JnJ Semis			
15.15 - 15.45	Advanced JnJ Prelims	Philippe & Flore	Rolf & Karin	
15.45 - 16.15	All Star JnJ Prelims			
	All JnJ Finals in the main Ballroom			
17.00	WSDC Newcomer JnJ Finals			
17.15	WSDC Novice JnJ Finals			
17.30	WSDC Intermediate JnJ Finals			
18.00	Break - Dinner 18.00 - 20.00			
20.00	Saturday Night party			
21.30	WSDC Advanced JnJ Finals			
22.00	WSDC All Star JnJ Finals			
23.45	PRO SHOWS!			
00.00	DANCE 'TIL DAWN			

## SUNDAY

	Workshops			
Time	Ballroom	Alpha	Charlie	
10.30 - 11.30	Maxence & Virginie	Rolf & Karin	Thibault & Nicole	
11.40 - 12.40	Maxence & Virginie	Benji Schwimmer	Rolf & Karin	
13.10 - 14.10	Break - Lunch time 13.10 - 14.10			
14.10 - 15.10	Thibault & Nicole	Benji Schwimmer	Rolf & Karin	
15.20 - 16.20	Benji Schwimmer	Maxence & Virginie	Thibault & Nicole	
	SUNDAY FUNDAY			
16.40	Awards + Fun competition			
17.00 (ish)	Fun Comp!			
18.00 - 20.00	Social Dance practice - Playlist (No DJ!)			
18.00 - 20.00	Dinner 18.00 - 20.00			
21.00	Sunday Night party			
??.??	SEE YOU NEXT YEAR!			

#### **WORKSHOP LEVELS**

#### Team Grapes Open Level

These workshops are open for everyone! And we have a total of 3 of them this year. The theme of the classes will be up to the instructors to determine, but they will be fun and catered to all levels!

#### Team Water Through the basics and beyond

You are fairly new to WCS and perhaps taken an intro course at a local dance studio or similar. Still, the International traveling is somewhat out of your comfort zone. But you try to attend socials, maybe some weekly classes and events in your hometown. You are working on your basics and also want to learn more material to better understand the fundamentals of WCS. Recommended level - Newcomer & Novice

#### Team Beer Practice makes perfect

You are very familiar with your basics, travel occasionally to international events, social dance on a very regular basis and have already endured your first or at least you are considering competing. You now feel confident dancing without having to be counting your steps or patterns. You want to learn new moves, more technique and variations of the basics to have more fun on the dance floor. **Recommended level - Novice** 

#### Team Wine Body moving and grooving

You have been competing for some time, travel to international events on a regular basis and to also social dance every opportunity you get. Your body awareness is now at a higher level where you can start to distinguish when technique is lacking. You want to incorporate more isolations, foot work and enhance your individual skills inside of the partnering. **Recommended level - Novice & Intermediate** 

#### Team Liquor The music made me do it

You want to improve your musicality and learn how to dance more inside the music. You also want to understand more complex figures and how to integrate them into your dance. These workshops are for Intermediate competitors only with exception to non competing social dancers who attend high levelled workshops at events such as Sea Sun & Swing, BudaFest etc. Minimum JnJ level required - Intermediate

#### Team Rehab Don't try this at home

This is a fast paced workhop level for those competing in the Advanced and All-Star division. You can ask for approval/auditioning if you are not a competitor or have more than 20 intermediate points. But please be advised that the instructors will be tough on their monitoring and obviously also recommend a lower level if they feel it's necessary for the dancer. Minimum JnJ level required - Advanced

#### **WORKSHOP GUIDELINES AND ETIQUETTE**

Although some workshops are open to everyone and you could technically attempt to attend one level up or down, We want EVERYONE to enjoy and get the most out of the workshops this weekend. This means being realistic and ONLY attending workshops that are appropriate to your current level of WCS dance experience. Please respect and be fair to your fellow dancers. If you are struggling at a workshop, you are most likely NOT at the right level. Your instructors will be monitoring while teaching to ensure everyone are in the appropriate level of their current dance abilities. To get an idea of what workshops you can attend, read the definitions above thoroughly. Thank you for your understanding!

In addition to this we would also like to ask you to be considerate to everyone trying their very best during classes. Avoid giving critique to your fellow students unless asked, and leave the feedback to the teachers. You never know how the other person is going to react. This way we avoid the risk of creating negative vibes and we can all just focus on enjoying the learning experience. We would like you to also maintain this attitude on the dance floor, since correcting people while dancing is not adequate behaviour in a friendly social environment and looks really bad from any observer's perspective, regardless of your well intentions.

#### CODE OF CONDUCT

In times like these, even though some of the information in this section should go without saying, to help secure the surroundings that we feel responsible for as event organizers, we would like you to take a moment and read these simple guidelines so that everyone can feel safe and well taken care of during the weekend of fun we are here to share with each other...

#### Being a good event attendee

Be respectful to your fellow attendees. Many attendees will be happy to meet you and dance with you. Some will not. We all need to be cool with that. It is okay for any person to decline a dance (or multiple ones) with any person; you do not have to give a reason. Dancing with someone is not a right. If someone says "no" to a dance, please accept that response graciously. If the person tells you "no" repeatedly, please stop asking them to dance and as mentioned in the workshop and dance etiquette section, don't offer unsolicited advice to fellow dancers either in class or on the social dance floor.

Try to use your full range of senses on the dance floor to avoid accidental collisions and injuries. It is every dancer's responsibility to be aware of their own and their partner's movement and position, as well as the movement and position of the dancers surrounding them to avoid all forms of dangerous contact. If you do collide with someone on the dance floor, offer an apology, even if you are not at fault.

Be respectful to event staff, even if you are experiencing a personal frustration. Without the goodwill of these individuals, a smoothly functioning event is impossible.

Please be aware that another person's boundaries may be different than your own. If you by any chance accidentally touch someone in an inappropriate way, even if you weren't aware the touch was deemed inappropriate, please apologize. If someone mentions that a particular way of moving is painful to them, just say you are sorry and avoid that movement in the future, even if you don't understand why.

No forms of harassment will be tolerated. Harassment includes offensive verbal comments (related to gender, age, sexual orientation, disability, physical appearance, body size, race, OR religion), sexual images in public spaces, deliberate intimidation, stalking, following, harassing photography or recording, sustained disruption of workshops or other events, inappropriate physical contact, and unwelcome sexual attention.

Participants asked to stop any harassing behavior are expected to comply immediately!

If such behavior would still take place, as event organizers we reserve the right take any action we deem appropriate, including warning the offender, resulting in potential expulsion from the event without refund, and/or expulsion from all future events. If you are being harassed, notice that someone else is being harassed, or have any other concerns, please contact a member of event staff immediately. We will be happy to help participants contact the event directors, local law enforcement or otherwise assist those experiencing harassment to feel safe for the duration of the event.

Finally, be aware of your own boundaries and physical needs. Do not neglect your health, remember to sleep properly, wash your hands frequently, and remember to take your medications if applicable.

We expect all participants to understand and follow these rules for the duration of the entire event! We understand that these may be sensitive issues to bring to light but they are important to us, because we really do want everyone to feel welcome, without the pressure of things occurring during the event that could ruin, not only the experience of the weekend, but also leave scars for the future, even if it's "just" a bad taste or overall unpleasant memories from our beloved dance and thus the community as a whole.